

## WOMEN & INFANTS CENTER

#### The Fetal Care Center

### One Medical Campus for Comprehensive Maternal, Fetal and Pediatric Care

We keep families together throughout their journey. From a first diagnostic test through postnatal care, mom and baby will conveniently receive care and services from a multidisciplinary team of experts all located on one medical campus.



Twins, Caden and Cooper, underwent in utero laser surgery for TTTS



#### The region's only center for in utero surgery

Our experienced team of fetal and pediatric surgeons offer hope for mom and baby before birth through open fetal surgery and fetoscopic-based interventions.

- Open fetal myelomengocele repair for spina bifida
- Fetoscopic treatment for:
  - Twin-to-twin transfusion syndrome (TTTS)
  - Twin reversed aterial perfusion (TRAP)
  - Selective intrauterine growth restriction (sIUGR)

- Ex-utero intrapartum treatment (EXIT)
- Fetal blood sampling
- Thoracoamniotic shunting
- Intrauterine transfusions

#### We care for the most complex cases and diagnoses

No other center in the region matches our depth of specialty expertise and resources for expectant moms and baby. We are also one of the few medical centers in the country that can provide the level of care needed for complex fetal conditions. Services include:

- Advanced ultrasound and diagnostic testing
- Fetal echocardiography
- Genetic testing and counseling
- Open fetal surgery and fetoscopic-based fetal interventions
- Maternal-Fetal medicine
- Antepartum care, including high-risk obstetrics
- Maternal-Fetal transport, from referring hospital to Barnes-Jewish Hospital
- Labor and delivery
- Level IV newborn intensive care unit (NICU)
- Cardiac intensive care unit (CICU)
- Extracorporeal membrane oxygenation (ECMO)

- Pediatric specialists in all subspecialties
- Palliative care
- Follow-up care, in multidisciplinary specialty clinics:
  - Newborn medicine
  - Neurodevelopmental (neurology)
  - Cardiac neurodevelopmental
  - Pediatric surgery
  - Cleft palate and craniofacial institute
  - Nephrology / Urology
  - Congenital diaphragmatic hernia (CDH)
  - Spina bifidia (myelomeningocele)

Visit fetalcare.org/conditions for a complete list of conditions we commonly evaluate and treat.



# Highest level of expert newborn care and pediatric subspecialties

Newborns are cared for in St. Louis Children's Hospital's Level IV NICU, ranked nationally by U.S. News & World Report, and have access to follow-up care from pediatric specialists in all subspecialties.

#### Families stay together

Our birthing suite and operating rooms at Barnes-Jewish Hospital are directly connected to a Level IV newborn intensive care unit (NICU) at St. Louis Children's Hospital. Parents can easily see and be with their newborn while they recover from delivery.

#### Personalized & coordinated care

All Fetal Care Center patients receive a comprehensive, personalized plan of care for both mother and baby. Each family has a team to support and care for them, including a nurse coordinator who will be with them from day one and throughout their experience.



#### Meet the Team



Anthony Odibo, MD Interim Director, Fetal Care Center Maternal-Fetal Medicine Specialist



Jagruti Anadkat, MD Co-Director, Fetal Care Center Neonatologist



**Jesse Vrecenak, MD** Pediatric and Fetal Surgeon



**Lindsay Peglar, MD** Pediatric Neurologist



**Caroline Lee, MD**Pediatric and Fetal
Cardiologist



Jennifer Strahle, MD Pediatric Neurosurgeon



Sarah Smith, RN, BSN, CLC Nurse Coordinator, Fetal Care Center



**Kym Galbraith, RN, BSN** Nurse Coordinator, Fetal Heart Center



Sarah Denson, RN, BSN Nurse Coordinator, Fetal Care Center



**Stephanie Clubb** Social Worker, Fetal Care Center

# Call us with your referrals, consult requests, emergency transfer needs, or questions.

314.747.6539



#### Location

The Fetal Care Center is a collaboration between Barnes-Jewish Hospital, St. Louis Children's Hospital and Washington University Physicians and is located on the Washington University Medical Campus in St. Louis, Missouri.

#### **Center for Outpatient Health**

4901 Forest Park Ave. Floor 7, Suite 730 St. Louis, MO 63108

For direction, visit fetalcare.org/directions.

#### Additional Numbers

Fetal Care Center Nurse Coordinator: 314.747.6539

Fetal Care Center Fax: 314.362.1860

Maternal-Fetal Medicine / OB / Ultrasound: 314.454.8181

Maternal-Fetal Transport: 855.747.5300

Women's Assessment Center: 314.362.5158

fetalcare.org





